

## [Dog Talk Training and Wellness Sanctuary / Awareness Centered Training - ACT](#)

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*Awareness, Balance, Relationship, Education, Well-Being (A BREW for happy, health and confident dogs!)*

603-635-DOGS (3647) / 603-661-3647—c

Journey to [Dog Talk](#) for a full schedule of events, program descriptions, fees, times, free downloads and how to book group classes or private behavior coaching sessions. Private coaching is available by appointment only. Online or e-mail inquiries are welcome - but limited to general answers. For pet assisted therapy visit [New England Pet Partners, Inc.](#) Visit us on [Facebook](#).

PayPal, MasterCard, Visa and Discover is available. *RDA (or incentive) Discounts **not available via PayPal (call).***

Registered Pet Therapy Teams are welcome to a \$10 drop in fee for Levels 2 and 3 (when available). No drop in class for Level 1 ACT training. All other drop-in fees \$20 or *please inquire at [maureenr@dogtalk.com](mailto:maureenr@dogtalk.com).*

Sign up for Tail Flash, [E-paws](#) and [NEPP Connects](#) (pet assisted therapy) for updates and changes (weather, events, holidays). *All classes are based on 3-registered teams. Email [maureenr@dogtalk.com](mailto:maureenr@dogtalk.com)*

### 2016 Group Class Start Dates—4-week workshops announced via [DT Tail Flash](#)

Saturday Level 1, 2, 3	Tuesday Eve — L-2 & 3	Wednesday Eve — L-1	Monday-Friday		
1/16, 3/5, 4/16, 6/11, 9/24 L-1 8:30-9:45am L-2 & 3 10:00—11:15	3/1, 4/12, 6/7, 9/20 Evening Classes 6:30—7:30pm	1/13, 3/2, 4/13, 6/8 7/27 9/21, 11/9 L-1 6:30—7:45	Private / Semi-Private Coaching Email: <a href="mailto:maureenr@dogtalk.com">maureenr@dogtalk.com</a> By appointment only		
SAT—L-1, 2, 3 Beginnings 8:30— 9:45am L-2 and 3 Intermediate and Challenging Open Enrollment Please inquire!	TUES—Level 2&3 6:30pm—7:30pm  All classes integrate pet therapy team training.	WED—Level 1 6:30pm —7:45  All classes integrate Teaching balance between calm and chaos, reactive and proactive.	Tues—Wed—Thurs Semi-Private for two handlers/dogs who prefer focused attention. Please refer to DT Fee Guidelines	Private Pet Therapy Training for potential Registered Therapy Teams	Private Coaching by Appt. only 603-635-3647 For Private Training, refer to Price and Program Guidelines
ACT—Level 1  Safe, supervised socials flow into Level 1 training.	Tuesday Evening - Level 2 is for teams who have completed L- 1. It is fine to repeat L- 1 You will be challenged!			Breathe! Relax! Release! Let-go! Grow!	All sessions be- gin with a check- in. When safe, unleashed supervised social interaction is beneficial.
ACT—Level 2 & 3 10:00—11:15 Moderate and Challenging 6-weeks or Drop-In for those who have graduated Level 1—CALL!	Sit Down Stay Come Let's Take a Walk!			Take-It Leave-It Drop-It! Easy Enough Wait STOP!	SAM Socialization and Manners are a must for all happy, healthy and confident puppies / dogs.
ACT—Level 3 11:30—12:30 Challenging w Dog Sports and Pet Therapy Team prerequisite training	Balancing exercise is a great way to direct energy into positive outlets.	Training shouldn't be scary! It should be meaningful and fun —	Awareness, Balance, Relationship, Education, Well-Being	Object Exchange ... Trust ME!	Therapeutic Chewing: Chew this, not that! Allow me to think, I learn faster, thank you, "Dog"
Relaxation Nose-To-Navel Breathing Reduce Sensory Overload (see Guidelines—P-2)	Mine, Yours, Ours, Doggy Diner Stepping out!	Housetraining Crate Training ALL GOOD!	Well-being check- ups are vital and can increase your dog's quality of life.	Whole Nutrition healthy food, treats and life rewards!	Proactive training rather than reactive.

## GUIDELINES FOR SAFETY and PEACE OF MIND

### ***Awareness Centered Training — ACT — Living and Learning with Dogs — Dog Talk Media©***

**ALL TEAMS**, please be considerate. Enter the training sanctuary (double white vinyl doors) with dogs on leash (*no flexi-leads*). Park facing the white picket fences, giving others room to park.

***Explore—Have Fun—Be pro-active and aware of your surroundings and dogs.***

**10/5:** Be aware of what's going on around you within 10-feet. Within 5-feet ASK before entering human or dog's spatial / comfort zone. Take a deep nose-to-navel breath and be your dog's advocate.

***Adopted dogs must be assessed before joining a group class — All dogs must have seen a Veterinarian.***

- Pups as young as 4-months are accepted into Level-I training. All dogs must be healthy and have wellness checks, especially in an environment where there will be multiple dogs and families.
- SAM (socialization and manners) off leash socialization may precede class. It is not mandatory or appropriate for ALL dogs. Puppies have a few minutes to engage with other pups/dogs, who match, in a safe, supervised environment.
- Be mindful that dogs are dogs! There is no guarantee of a positive dog-meet-dog interaction. It is your responsibility to take care of your puppy/dog — and supervise children in a class environment.
- We flow into warm-ups (breathing, focus) and *Awareness Centered Training—ACT* begins.
- Dogs need to be introduced in a broad range of surroundings while being guided by their dog parent/guide.
- Energy flows and shifts, as does signals and cues from other dogs, people, children and the environment.
- Training takes place every day while living and learning with our dogs.
- Awareness and teaching by shaping good behavior and preventing reactive ones creates the difference.

If you are interested in learning more about becoming a Registered Pet-Partner® or Read Dog Therapy Team, visit [New England Pet Partners](#), [Pet Partners](#), and [R.E.A.D.](#)

If you would like to present a workshop—[e-mail info@dogtalk.com](mailto:info@dogtalk.com) or download the [workshop proposal at www.dogtalk.com](http://www.dogtalk.com).

Interested in pet therapy program development, workshops or Registered Pet Therapy Teams? Visit [New England Pet Partners, Inc.](#)

Email [info@nepetpartners.org](mailto:info@nepetpartners.org)

Call 603-635-DOGS (3647)

603-661-3647 c

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