

Dog Talk Training and Wellness LLC
Awareness Centered Training – ACT / Balance, Relationship, Education, Well-Being
Registration Form – ACT / Levels 1, 2 or 3



- Sat. Level 1-Beginnings Level-2 Moderate Level-3 Challenging
 Tues. ACT-2 or 3 Wed. ACT-1 Private Coaching

Name of Owner/Person(s) Training Dog: _____

Address: _____ City: _____ State: _____ Zip: _____

Occupation(s)/Optional: _____

H or C: _____ Bus: _____ Email: _____

Children / How Many? _____ Names / Ages: _____

Call Name of Dog: _____ Breed: _____ Age: _____

Age Acquired? _____ From Where: _____ Sex: F M Spayed

Neutered

Have you owned a Dog(s) before? Y N Breed(s): _____

Have you trained Dog(s) before? Y N When / Where? _____

Briefly share any specific issues that bring you to class: _____

What do you hope to accomplish (*goals*)? _____

Do you have any hearing, visual or physical challenges? _____

Does your dog have any challenges that may affect his/her training? _____

If your dog has had any *illness or skin disorder* in the last 6-months, state the nature of the problem and whether treated by a Veterinarian: _____

What kind of dog food do you use? Please share brand (canned, dry, snacks, supplements): _____

What kind of *exercise* does your dog get (*lifestyle*)? _____

Name of Veterinarian: _____

Dates of Last Wellness Check & Rabies Vaccination: _____

Referred by: _____

A \$25 non-refundable deposit is required to reserve a place in class. The balance is due -- 1st session.

Payment by cash \$ - check MC VISA DISC # _____

3-digit security code: _____ Date: _____ Exp. Date: _____

Signature: _____

**WAIVER, LIABILITY, ASSUMPTION OF RISK
AND AGREEMENT TO HOLD HARMLESS**

I understand that attendance of a dog training class, during private training, pet assisted therapy training, canine massage, workshop or event is not without risk to me, members of my family, guests who may attend, or my dog.

I hereby WAIVE and RELEASE Dog Talk, TheraPet, and the Training and Wellness Sanctuary, New England Pet Partners, Inc., employees, agents, training facility and facilitators for any liability of any nature, for injury or damage which I or my dog may suffer, including specifically any injury or damage resulting from the action of any dog during class, workshops, events and in transportation to and from the same locations. I expressly assume the risk of any such damage, or injury, while attending any training sessions, or other function of the class, workshop or event or while on the training grounds/facility, in the surrounding area or in my home during private sessions.

Signature of Owner(s), Handlers, or Authorized Agent:

Date: _____

Dog Talk Training and Wellness LLC

GUIDELINES FOR SAFETY and PEACE OF MIND

Awareness Centered Training — ACT — Living and Learning with Dogs — Dog Talk Media©

- 🐾 Pups as young as 4-months are accepted into ACT Level-I training.
- 🐾 Adopted dogs over 6-months, or if you have concerns about dog-to-dog interactions, should be evaluated before joining a group class.
- 🐾 All dogs must have visited their Veterinarian for a wellness check.
- 🐾 **ARRIVAL: Teams**, please be considerate. Park facing the smaller white vinyl picket fences.
- 🐾 Enter the training area through the BIG double white doors in the back, not through our yard. There are (2) fenced areas for you to relax with your dog before class.
- 🐾 **All dogs must be on a 4-6 foot leash – no flexible leads for safety.**
- 🐾 **Meet/Greets:** Respect the dog and human's spatial bubble / comfort zone. Some dogs may not want to socialize until they become familiar with the environment, other dogs, people, and have practiced socialization and manners (SAM).
- 🐾 **10/5:** Be aware of what's going on around you within 10-feet. Within 5-feet ASK before entering human or dog's spatial bubble/comfort zone.
- 🐾 Be your dog's advocate (best friend) by taking a deep nose-to-navel breath. Explore, have fun, while being PRO-ACTIVE AND AWARE of your surroundings. Energy flows and shifts as does signals and cues from other dogs, people, children and the environment. Awareness and teaching by shaping good behaviors and preventing reactive ones creates the difference.
- 🐾 **Socialization and Manners (SAM):** Off leash socialization may precede class. It is not mandatory or appropriate for ALL dogs. Puppies have a few minutes to engage with other pups/dogs, in a safe, supervised environment.
- 🐾 This flows into warm-ups and **Awareness Centered Training—ACT** begins.
- 🐾 **BRING** your dog's blanket or use of ours, a favorite toy and healthy treats.
- 🐾 Do not feed your dog before class. Instead, have them offer you a sit, watch-me, down.

If you are interested in learning more about becoming a Registered Pet-Partner® or Reading Therapy Team, visit [New England Pet Partners, Pet Partners and R.E.A.D.](#)
[Dog Talk Facebook / Awareness Centered Training—ACT FB](#)
[New England Pet Partners FB / Daily Doga FB / Email \[info@nepetpartners.org\]\(mailto:info@nepetpartners.org\)](#)

Dog Talk (Doga) Courtesy – Being Mindful of Others
Nose-to-Navel Breath - (Ah-Ha)
Awareness / Education / Relationship / Balance / Well-Being
Mindfully Living and Learning with Dogs



Courtesy and kindness is for your comfort as well as others.

Beginning of Practice: Warm-Up, Exercise, Relax, Release, Let-Go

- 🐾 Silence your cell phone or leave it in the car. Being present, in the moment, will help you connect with, and train, your dog more easily.
- 🐾 Give yourself the gift of a deep nose-to-navel breath.
- 🐾 Enter the room calmly, observing, and finding a “space”.
- 🐾 Read ***Scan and Switch*** at www.dailydoga.com / scan the room, switch / redirect your dog.
- 🐾 Try not to sit too close to anyone. Keeping an arm’s length on each side helps to keep give you and your dog more space - and less stress.
- 🐾 No flexi-leads please. A regular leash will do.
- 🐾 10/5 – Be aware of what’s going on within 10-feet – Ask before entering another’s space bubble within 5 feet.
- 🐾 Bring your props (comfort toys) to class in a bag, making it easy to gather them quickly & quietly.
- 🐾 Keep your things near a wall or close to you will help to conserve space.
- 🐾 If you are late for class, take your place quietly and join in with the current flow – training exercises. Doing “your own thing” can be distracting for others.
- 🐾 Always tell the teacher if you or your dog has special needs or restrictions before class begins. This will help them to guide you through different exercises.

Exercises / Postures and Training Sequences / Flow

- 🐾 Do whatever you can do in class; otherwise you will be given a modified exercise.
- 🐾 A simple hand up and questions to clarify what’s going on in class may help others too.
- 🐾 Speaking out or walking off when the class is practicing disturbs the flow of the class. If you have several questions, ask after class.
- 🐾 If you can’t (or don’t want to) do something, find a space and relax. It’s okay, you have a choice.
- 🐾 Listen to your body and observe your dog’s body language and behavior *without judgment*.
- 🐾 Breathe! Each individual / dog is difference and some may need modification or extra help.

Cool Down / Relax / Letting Go, Ah-Ha

- 🐾 Most dogs can easily learn the difference between train, play and relax.
- 🐾 At the end of the training exercise, cool down to remove lactic acid from the muscles. Relaxation is a good time to calmly ask questions while massaging (desensitizing) your dog to touch.
- 🐾 Be mindful that your tone of voice, emotions and body language reflect onto your dog.
- 🐾 If you need to leave early, quietly remove your equipment while keeping your dog close to you.
- 🐾 While rising at the end of class, be aware of others who may still be relaxing or waiting to talk to the teacher.

Woof ~ Om (honoring the light in all beings)