# Living and Learning with Dogs / Joyful Easy Training

#### VISION

## **Dogs Make US Better Humans!**

- To enhance dog / human relationships with awareness centered training, balance, education and well-being.
- To encourage relationship, effective communication and compassion with leadership.
- To provide friendly training, coaching, motivation and resources.
- To offer training and volunteer opportunities for registered pet therapy teams.
- To inspire cooperation and integrity among dog teachers and wellness professionals.
- To reduce sensory overload for ourselves and our dogs with nose-to-navel breathing, 1,2,3, exhaling ... Let it happen, learn and let it go, ah-ha ...

Education is knowledge. Knowledge is a path to better choices and change. The first step to enjoying a well behaved dog is a trusting relationship. Training skills and leadership can be integrated into daily living and learning as we engage with and get to know our dogs.

Training you dog can change your life! Open your mind to new possibilities while creating a happy, healthy and confident dog.

Take a moment, close your eyes, relax with your dog. Teaching our dogs to *relax* can extend their lives and ours. We can calm the chaos, redirect and focus on what is important—relationship.

#### **ABOUT**

<u>Dog Talk LCC</u> was founded in 1989 as an insured, registered business in the State of N.H.

DT evolved into a training and wellness sanctuary, focusing on awareness centered training, behavioral counseling and pet assisted therapy.

New England Pet Partners, Inc. Works, as a team with veterinarians, wellness practitioners, trainers, health care professionals and organizations in the community interested in developing pet assisted therapy programs.

#### Maureen

- MA in Counseling/Behavioral Psychology
- BS in Organizational Management
- Board Certified Counselor (NBCC #40374)
- Canine Massage, Acupressure (Certified)
- Registered Yoga Teacher (YA #25738)
- CCPDT (Certified Professional Dog Trainer)
- APDT (Association of Professional Dog Trainers—Charter Member #11)
- Pet Partners and READ (Licensed Evaluator)

#### Members

Association of Professional Dog Trainers International Association of Behavior Consultants National Assoc. of Board Certified Counselors Yoga Alliance, Latham Foundation, Pet Partners

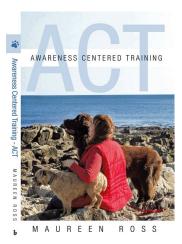
For more information, dogtalk.com
Email: maureenr@dogtalk.com
Pet Assisted Therapy Team Training/Evaluations
newenglandpetpartners.org
info@nepetpartners.org



# A Training and Wellness Sanctuary for Dogs and Their Humans!

Balance, Relationship, Education, Well-Being A BREW for happy, happy, confident dogs!

- Awareness Centered Training—ACT
- Family Focused Small Groups or Private
- Behavior / Wellness Coaching
- Energy Balancing (Dogs Sports)
- Integrative Canine Massage/Acupressure
- Pet Assisted Therapy (Licensed)



# Simply Amazing—Enjoy the Journey

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CANINE COACH
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# For more information, take a deep breath, visit dogtalk.com or call 603-635-DOGS

Below, enjoy a "brief" description of our classes. Classes are small, family focused and begin with breathing / centering ourselves and our dogs. Puppies and older dogs learn quicker when they are calm. Registration, guidelines, program descriptions, fees, visuals to download, Maureen's articles and events can be found at <a href="Dog Talk">Dog Talk</a>. We accept PayPal, MC/Visa/Discover/Checks and Cash. We are handicapped accessed.

You are welcome to take each Level, known as ACT Levels 1, 2, 3, as often as you like,. There are no drop-ins for ACT Level 1. For ACT 2 and 3, please inquire. Clicker Training Clarity (CTC) is a choice and included when appropriate. Make-up classes are offered for inclement weather/events. Beyond that, make-up classes are \$20. Enjoy a Re-join Discount Advantage of 10, 20 and 30% off once you have completed each ACT Level once.

# ACT Level 1, Socialization and Manners (SAM) and Beginnings—\$180 - 6, 1+ Hour Weekly Sessions Maureen's book, <u>Awareness Centered Training - ACT</u> is included in ACT 1 with other handouts.

Create a happy, healthy, confident puppy/dog who enjoys interactions with other dogs, children and society. SAM is supervised play sessions when appropriate before class. Gradually introducing dogs to sights, sounds, smells and how we respond matters. Introduction to environmental stimuli happens every day. Dogs learn to navigate with other dogs learning useful body language skills.

ACT 1 is appropriate for puppies 4 months and older. Adopted dogs and adolescents are welcome after evaluation or private coaching. Learn skills that are easy to integrate into daily living with your dogs (doggy diner, watch-me, sit, down, stay, come, take-it, leave-it, object exchange, wait, easy, gentle). Puppies practice relaxing and focusing with a variety of techniques. ACT classes offer joyful easy training—giving puppies and dogs a chance to learn without fear. Basic massage helps desensitize dogs for handling (Vet wellness checks, grooming, boarding, day care). People and dogs develop a foundation for a respectful relationship. Positive essentials include: housetraining, therapeutic chewing, occupational digging, energy balancing, nutrition and play—while learning—YES!

#### ACT Level 2—Moderate: \$120 for 6, 1-Hour Sessions

ACT 2 is for those who have successfully and comfortably completed ACT 1. After a brief review of ACT 1, increase training skills with the GRID, gradually increasing delivery, distractions, distance, duration, diversity and discrimination. Approaches for attention-getting, targeting and sequencing are used. Learn to recognize your dog's (and your) strengths, challenges, thresholds— and *eliminate boredom*. Learn to redirect and balance adolescent energy and natural instincts into positive channels. We will explore communication, body language and how stress affects learning.

#### ACT Level 3—CHALLENGING: \$120 for 6, 1-Hour Sessions

Challenging ourselves and our dogs is a matter of personal choice, skills and ability. Dog teams who have completed ACT 1 and 2, at least once, can glean their skills, and have fun engaging with their dogs and others. Develop a confident, reliable relationship with creative challenges, including off-leash, with a variety of sequences and circumstances. Games are integrated that include games, balls, cross-training, rotation training, switch and clicker training clarity. Specialized training using various equipment, sights, sounds and smells that will be encountered in the real world will be included.

Note: Pet assisted therapy team training is integrated into all classes. Potential therapy dogs need training applicable to real world living. There are prerequisites to become a Registered Pet Partner Team—visit New England Pet Partners.

Children and dogs require adult supervision in class. An adult must accompany teenagers under 16. Work in collaboration with your Veterinarian regarding immunizations.

All dogs must be on leash, no flexi-leads, and healthy to attend sessions.

# **Training and Wellness Services**

- Puppy Socialization and Manners (SAM)
- Awareness Centered Training ACT 1, 2, 3
- Levels = Beginning, Moderate, Challenging
- Private Behavior and Wellness Coaching
- Lifestyle Transition Planning (LTP)
- Integrative Canine Massage / Acupressure
- Energy Balancing with Dog Sports
- Pet Assisted Therapy Training / Evaluations
- Pet Loss and Bereavement Counseling
- Educational Workshops (empowering)

# Private Training Semi-Private Training (2-teams)

**Private Training** includes the essentials described in ACT 1, 2, 3 at Dog Talk or in your home. Visit dogtalk.com, email maureenr@dogtalk.com or call 603-635-DOGS (3647) / 603-661-3647 c

### **Private Behavior and Wellness Coaching**

By Appointment Only. Refer to dogtalk.com

Programs and Behavior Counseling

DT Behavior Brochure for fees

Private behavior coaching will help you resolve issues and bring your life back into balance. PBC is designed to meet your and your dog's particular needs. A confidential intake and modification/lifestyle plan is designed. For more details visit Dog Talk or call to schedule a coaching session.

### **Telephone and Online Coaching**

Telephone and online coaching is available with obvious limitations. Visit

**Dog Talk / Online Coaching** for more information.

For schedules of events and class start dates sign up for <u>DT e-newsPaws</u> or visit dogtalk.com.